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Article title:

An updated inventory of the vascular flora of the Island of Montecristo (Tuscan Archipelago, Italy)

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Abstract

We present an updated list of the vascular flora of the island of Montecristo (Tuscan Archipelago, Italy), which was last described in 1976 by Paoli and Romagnoli. The inventory has been updated based on a comprehensive bibliographical review of floristic floras and previous inventories, together with the revision of herbarium specimens already preserved in Tuscan herbaria and the implementation of survey campaigns carried out on the island between 2011 and 2024. The inventory counts 585 specific and subspecific taxa currently present on the island (including 518 spontaneous entities and 67 cultivated ones), the highest number of species ever recorded on the island. Since 2000, 71 new species have been confirmed, 43 of which are new to Montecristo Island. In addition, 28 species have been re-confirmed since the last records in 1903 or 1864. We excluded 14 taxa, 8 of which were the result of a revision of the herbarium material, which led to the correction of previous erroneous determinations or due to the description of new taxa, such as *Saxifraga montis-christi* Mannocci, Ferretti, Mazzoncini & Viciani. The characterisation of the flora of Montecristo is consistent with the Mediterranean climate of the island in terms of life forms and chorotypes. The analysis showed that the main geographical distribution elements are Eurosiberian-Mediterranean and Mediterranean species, while the predominant life form is the therophyte. From a floristic point of view, Montecristo is the poorest island in terms of species and has the highest amount of endemism in relation to its area.

Keywords: Mediterranean island, taxonomy, floristic studies, alien plant species, endemics, biodiversity.

Introduction

Knowing and quantifying biodiversity is one of the primary objectives of the scientific community and the need to know plant diversity is of fundamental importance for this objective (Kier et al. 2005). The basis of these studies is the production of easily accessible plant species lists, such as databases and floras (Peruzzi 2018). Floristic inventories contain fundamental information on the ecology and biogeography of a geographical area. They are also important in ensuring and managing the conservation of the biodiversity of the studied site (Mayer 2016). Particularly, the Mediterranean is a hotspot of diversity, including thousands of islands and islets (Brundu et al. 2013) that are home to a high rate of endemic plant species (50–59%: Greuter 1991; Médail & Quèzel 1997; Médail 2013) and vulnerable species that are worthy of conservation (Foggi et al. 2014). The archipelagos of the Mediterranean are therefore important examples of circumscribed geographical areas where knowledge of biodiversity needs to be increased and deepened to preserve their biological values (Valavanidis & Vlachogianni 2011). The Tuscan Archipelago consists of seven islands and several islets, all with a significant naturalistic value and richness (Arrigoni et al. 2003). The Archipelago has been the subject of historical and intensive interest, resulting in the accumulation of a substantial corpus of botanical data. This begins with Sommier's work at the beginning of the last century and continues to the present day. This data allows us to trace changes in the archipelago's flora until the most recent socio-economic changes that occurred after the Second World War. These changes have resulted in a significant increase in anthropogenic pressure on the islands, leading to modifications in their landscape and vegetal composition (Chiarucci et al. 2017). In recent decades, the Tuscan Archipelago's landscape has changed due to rapid socio-economic dynamics that have shifted from agro-pastoral land use to a more tourism-industrial approach (Carta et al. 2018). This change in land use enhanced anthropogenic direct and indirect impacts on insular biotas, and local floristic shift, e.g. caused by an increase of alien species (Lazzaro et al. 2014). These impacts are exacerbated by the insularity of these areas, with a highly concentrated sample of natural features that are more vulnerable than those on the mainland (Drake 2002). This study presents an updated list of the spontaneous vascular plants occurring on Montecristo, one of the seven major islands of the Tuscan Archipelago. Montecristo is among the least-known islands of the Archipelago from a botanical point of view due to its location, history, and morphological characteristics that have not facilitated its exploration. Montecristo is among the least-known islands of the Archipelago from a botanical point of view, due to a combination of factors including its location, history and morphological characteristics that have not facilitated its exploration. Montecristo occupies a distinctive position in the phytogeographical context, acting as a transition zone between the Mediterranean-western and central-eastern floristic elements (Arrigoni 1972). Despite the last published flora for the island dating

back to 1976, studies on its vegetation have continued. For example, the exceptional longevity of residual holm oaks on Montecristo was investigated by Filibeck et al. (2023). Moreover, ongoing exploratory visits to the island have yielded a multitude of new taxa, as well as the corroboration of previously documented taxa (Peruzzi et al. 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2023).

The objective of this work is to synthesise historical data, derived from the literature and herbarium specimens, with more recent data, largely unpublished, collected during the last ten years of exploration and augmented by new herbaria. Furthermore, we aim to analyse the obtained checklist to evaluate the floristic and ecological aspects of the updated flora of the island. To achieve these goals, a critical analysis of all the different sources of information was conducted. This analysis aimed to standardise their taxonomic and nomenclatural characteristics and to correct them where necessary based on the direct examination of critical findings.

Methods

Study area

The island of Montecristo (Tuscany, Italy) is situated in the Tyrrhenian Sea (42° 19' N, 10° 19' E), west of the Tuscan coast. The island of Montecristo has been subjected to a specific regime of protection, being an integral reserve of the former State Forestry Corp (now Comando Unità per la Tutela Forestale, Ambientale e Agroalimentare (CUTFAA) of the Arma dei Carabinieri) in 1971, and is currently included in the Tuscan Archipelago Park, which was established in 1996. Montecristo, formed by a magmatic intrusive body, has a surface extension of 10.4 km², is mainly mountainous and vaguely rectangular, divided in half asymmetrically by a mountainous ridge whose peaks are the Cima della Fortezza (645 m a.s.l.) and the Cima dei Lecci (563 m a.s.l.). The remarkable geological uniformity is reflected in the pedology of the island (Innocenti et al., 1997). Soils derived from granite are generally sandy and very poor in Ca and assimilable P, instead possessing high levels of alkaline bases (Mitterpergher 1954), with a neutral-acid reaction (Crudele et al. 2005). The soils of Montecristo therefore appear homogeneous, superficial and poorly developed, due to the little organic substance that allows the formation of little humus, which is also affected by the island's high temperatures during the summer season (Paoli & Romagnoli 1976).

Vegetation

From a geobotanical perspective, Montecristo Island is situated in the western Mediterranean vegetation zone. The island is largely devoid of vegetation, with a discontinuous cover consisting mainly of cryptogamic vegetation. Notably, mosses and lichens are abundant, covering almost all the rocky outcrops and scrub. Although there are some scattered trees, there are no true tree formations.

Approximately 200 scattered and relic holm oaks can be found across the island, particularly in the upper or mid-upper sections of the Collo dei Lecci and Collo Fondo valleys. These trees represent the remnants of an ancient holm oak forest (Crudele et al. 2005), with radiocarbon dating indicating a range of 430 to 742 years old (Filibeck et al. 2023). The vegetation in the area is predominantly a degraded and uniform Mediterranean scrub. It consists of a tall and often impenetrable component, which may be a fragmentary form of *Erica arborea* L. and *Erica scoparia* L. subsp. *scoparia*. These are interspersed to varying degrees with a low shrub component dominated by *Salvia rosmarinus* Spenn., *Cistus monspeliensis* L., *Teucrium marum* L., *Helichrysum italicum* (Roth) G.Don and, more rarely, *Cistus salviifolius* L.. Heather scrub is typically found in flat areas with a gentle slope, where a sufficient layer of soil can accumulate. This type of vegetation is typically found at altitudes ranging from 120 to 200 metres, with some occurrences at sea level and others at elevations exceeding 400 metres. The most extensive formations are under the Monte della Fortezza, above Cala S. Maria, Cala della Fortezza and Cala Maestra. *Cistus monspeliensis* is a widespread species on Montecristo, found in closed heather formations as well as areas with sparse vegetation cover. The cistets form an open garigue that tends to close in areas with a weak slope and is preferentially exposed towards the south, which may have been cultivated in the past. The garigue in this area is characterised by shrubs of *Teucrium marum* and an underlying carpet of scattered grasses. It is found at altitudes between 200 and 500 metres and develops on reduced soil where the parent rock is almost outcropping. This ecosystem is associated with the endemic steno-tirrenic *Carduus fasciculiflorus* Viv. The most extensive formations are in the upper part of the Collo dei Lecci and Collo di Fondo valleys, although small portions are scattered almost everywhere. In areas that are regularly affected by meteoric water inflow, temporary ponds are found. These ponds are characterized by the presence of endemic *Mentha requienii* Benth. subsp. *bistaminata* Mannocci & Falconcini, *Isoëtes durieui* Bory, and some species of annual rushes. Although relatively widespread, they are fragmented and spread over small areas. In the flat areas of the ridge, at the edges of shrub clusters, where outcropping rock prevents plant growth, there are thermophilic grasslands dominated by annual *Plantago* spp. and *Tuberaria guttata* (L.) Fourr. These plants are typically found in stations with a concave profile, located in shallowly sloping or rocky substrates, and are exposed to the sun and wind. The vegetation found on damp and shady cliffs is characterised by *Arenaria balearica* L. and *Cymbalaria aequitriloba* (Viv.) A.Chev. subsp. *aequitriloba*. The halophilous vegetation along the coastal strip develops in an extremely fragmented manner and is characterised by the presence of the endemic *Limonium sommierianum* (Fiori) Arrigoni. The largest clusters are located in Cala Diavolo, Cala del Santo, Cala della Fortezza, Cala Scirocco, Punta Rossa, and Cala Mendolina. The island is home to endemic species such as *Saxifraga montis-christi* and *Hieracium racemosum* Waldst. & Kit. ex Willd. subsp. *amideii*

Gottschl., Gonnelli & Zoccola, but also shares endemics like *Linaria capraria* Moris & De Not. and several other taxa found in western Mediterranean islands (Paoli 1976). The latter group includes Sardinian-Corsican and Sardinian-Balearic endemism such as *Arenaria balearica*, *Arum pictum* L.f. subsp. *pictum*, *Carduus cephalantus* Viv., *Carduus fasciculiflorus*, *Cymbalaria aequitriloba*, *Mentha requienii* subsp. *bistaminata*, *Scrophularia trifoliata* L., *Verbascum conocarpum* Moris subsp. *conocarpum* (Peruzzi et al. 2014a). The ancient colonisation of the island was mainly of Sardinian-Corsican origin, as evidenced also by the distribution of plant species such as *Alkanna lutea* Moris, *Fumaria bicolor* Sommier, *Sedum andegavense* (DC.) Desv., and *Teucrium marum*, which have a mostly western Mediterranean gravitation (Arrigoni 1972).

Floristic inventories and literature search

A comprehensive bibliographic review of floristic floras and inventories was conducted, along with the review of specimens already preserved in Tuscan herbaria, the examination of reports from various contributors, and the implementation of survey campaigns specifically designed for this study. The revision of the national floras included Fiori (1923-1929), Bertoloni (1833-1854), and Fiori & Béguinot (1909, 1910). Additionally, local floras were consulted, including Caruel (1860-1864), Caruel (1864), Béguinot (1901), Sommier (1902), and Briquet (1910). Furthermore, publications that might contain floristic data for Montecristo were considered, such as Toschi (1953). The initial contribution to the flora of Montecristo, ascribed to Giuseppe Giuli (1764-1842), could not be located in the *Indicatore Sanese* (Giuli 1833). The only extant volume was found to be lacking the pages enumerating the plants. However, the data, about 24 species he documented, were extrapolated from Bertoloni's *Flora* (Bertoloni 1833-1854). The examined bibliographical data on Montecristo include Fabbri, 1963 and 1966; Paoli and Romagnoli, 1976; Paoli and Ciuffi Cellai, 1976; Sartori, 1980; Filippello and Sartori, 1983; Viegi and Cela Renzoni, 1981; Landi et al., 2008, as well as the review of *Notulae* such as Peruzzi et al., (2011, 2012, 2014b, 2014c, 2015, 2016, 2017, 2018, 2019, and 2023). Furthermore, several *exsiccata* preserved at the Central Herbarium of Florence and Siena were subjected to selective searching, consultation, and redetermination. The research, for taxa of any rank, was initially conducted using the following sources: Flore by Fiori and Paoletti (1902-1904); Fiori (1923-1929); Parlato and Caruel (1848-1881); Arcangeli (1882-1894); Bertoloni (1833-1854); Baroni (1897); Caruel (1860-1864); Sommier (1902-1903). Furthermore, for some authors, such as Sommier and Caruel, prominent botanists of the Tuscan Archipelago, the same search was conducted for any monographic contributions that might contain new entities described for Montecristo Island. Examples of this include Sommier (1890, 1891, 1894, 1895, 1897, 1898, 1899, 1901, 1902, 1903, 1905, 1910, 1915). Following the literature review, survey campaigns were conducted on the island in 2016 and 2024. The subsequent identification of the samples collected

during the field surveys, as well as samples collected from 2000 to the present day by the research group of the Department of Biology of the University of Florence, contributed to the expansion of the floristic knowledge of Montecristo.

Nomenclature

The data gathered during the research may have been described using inconsistent nomenclature. To update the nomenclature, we primarily used the directories available on the web, such as Portal to the Flora of Italy 2024.2 (<https://dryades.units.it/floritaly/>), which derives from Checklists of the native and alien floras of Italy (Bartolucci et al. 2024, Galasso et al. 2024), and their most recent updates (Bartolucci & al. 2024b, Galasso & al. 2024b). When we could not verify the correctness of the nomenclature with this database, we used The International Plant Names Index (IPNI; <http://www.ipni.org/>) as an alternative. The definition of alien status follows the definitions in Pyšek et al. (2004). The complete dataset assembled for this study is available in Appendix I.

Data analysis and temporal analysis

The counts included species that had been previously reported, new reports, species that had not been found again, and species that were to be excluded. The species considered as cultivated exotics have been excluded from the analyses, but are indicated in the Appendix II. For all entities included in the updated checklist, we recorded the following details: chorology, life form, historical and current occurrence, habitat, and frequency. To ascertain whether there was a significant association between two categorical variables, namely historical and current occurrence, chorology, and life form, a χ^2 test of independence was applied. For analytical purposes, plant occurrences were classified into two main groups: confirmed entities and entities no longer found. To evaluate temporal trends across confirmed taxa and variation in the distribution of chorotypes, biological forms and families, a χ^2 test of independence was also applied. All analyses were performed with the software R (R RStudio 2023.12.1).

Results

A total of 585 vascular plant entities resulted for Montecristo, of which 518 are spontaneous and 67 cultivated. Of the 518 spontaneous entities, 14 are considered *excludendae* entities, definitively excluded from the present flora of Montecristo, *Carex pendula* Huds., *Carpobrotus acinaciformis* (L.) L.Bolus, *Cneorum tricoccon* L., *Erica multiflora* L., *Erigeron canadensis* L., *Euphorbia dendroides* L., *Geranium robertianum* L., *Opuntia ficus-indica* (L.) Mill., *Oxalis violacea* L., *Polypogon maritimus* Willd. subsp. *maritimus*, *Saxifraga granulata* L. subsp. *granulata*, *Teucrium flavum* L., *Sedum hirsutum* All. subsp. *hirsutum*, and *Teucrium fruticans* L. subsp. *fruticans*.

The following calculation and analysis results exclude the cultivated species and *excludendae*, based on 504 species currently occurring on the island of Montecristo. Since 2000, 69 new species have been identified (Table 1), of which 43 are new to Montecristo Island, discovered during exploratory trips to the island between 2005 and 2024. Additionally, 28 species have been confirmed since the last record dates back to 1903 or 1864.

Entity	Type of report	Year of Publication
<i>Amaranthus deflexus</i> L.	Confirmed, last seen in 1903	2015
<i>Anthoxanthum ovatum</i> Lag.	New record	2018
<i>Aphanes minutiflora</i> (Azn.) Holub	New record	Unpublished
<i>Astragalus pelecinus</i> (L.) Barneby subsp. <i>pelecinus</i>	Confirmed, last seen in 1903	2017
<i>Austrocylindropuntia subulata</i> (Muehlenpf.) Backeb.	New record	2014
<i>Callitriche brutia</i> Petagna	New record	2018
<i>Callitriche stagnalis</i> Scop.	New record	2018
<i>Campsis radicans</i> (L.) Bureau	New record	2014
<i>Carduus pycnocephalus</i> L.	Confirmed, last seen in 1903	2013
<i>Carex microcarpa</i> Bertol. ex Moris	New record, previously attributed to <i>C. pendula</i>	2012
<i>Catapodium pauciflorum</i> (Merino) Brullo, Giusso, Miniss. & Spamp.	New record	Unpublished
<i>Centaurea melitensis</i> L.	Confirmed, last seen in 1903	2014
<i>Centaureum tenuiflorum</i> (Hoffmanns. & Link) Fritsch	New record	Unpublished
<i>Cerastium diffusum</i> Pers. subsp. <i>diffusum</i>	New record	2014
<i>Clematis vitalba</i> L.	New record	2017
<i>Convolvulus arvensis</i> L.	New record	2017
<i>Convolvulus siculus</i> L.	New record	2017
<i>Daucus carota</i> subsp. <i>drepanensis</i> (Arcang.) Heywood	New record	Unpublished
<i>Equisetum ramosissimum</i> Desf.	Confirmed, last seen in 1903	2017
<i>Erigeron bonariensis</i> L.	New record, previously attributed to <i>E. canadensis</i>	2013
<i>Erodium moschatum</i> (L.) L'Hér.	Confirmed, last seen in 1903	2015
<i>Eryngium maritimum</i> L.	Confirmed, last seen in 1903	2014
<i>Euphorbia maculata</i> L.	New record	2023
<i>Euphorbia prostrata</i> Aiton	New record	2018
<i>Euphorbia serpens</i> Kunth	New record	2018
<i>Galium scabrum</i> L.	Confirmed, last seen in 1903	2017
<i>Geranium purpureum</i> Vill.	New record, previously attributed to <i>G. robertianum</i>	2018
<i>Herniaria hirsuta</i> L. subsp. <i>hirsuta</i>	New record	2023
<i>Hieracium racemosum</i> Waldst. & Kit. ex Willd. subsp. <i>amideii</i> Gottschl., Gonnelli & Zoccola	New record	2019
<i>Hypericum hircinum</i> L.	Confirmed, last seen in 1903	2012
<i>Isoëtes durieui</i> Bory	Confirmed, last seen in 1903	2012
<i>Juncus pygmaeus</i> Rich. ex Thuill.	New record	2014

<i>Lepidium didymum</i> L.	New record	2011
<i>Lolium multiflorum</i> Lam.	New record	Unpublished
<i>Lythrum hyssopifolia</i> L.	Confirmed, last seen in 1903	2015
<i>Malva parviflora</i> L.	Confirmed, last seen in 1903	2018
<i>Malva sylvestris</i> L.	Confirmed, last seen in 1903	Unpublished
<i>Medicago minima</i> (L.) L.	Confirmed, last seen in 1903	2018
<i>Neotinea maculata</i> (Desf.) Stearn	New record	2014
<i>Ophioglossum lusitanicum</i> L.	Confirmed, last seen in 1903	2014
<i>Opuntia monacantha</i> Haw.	New record, previously attributed to <i>O. ficus-indica</i>	2014
<i>Osmunda regalis</i> L.	Confirmed, last seen in 1864	2012
<i>Osyris alba</i> L.	New record	2016
<i>Oxalis articulata</i> Savigny	New record, previously attributed to <i>O. violacea</i>	2014
<i>Oxalis debilis</i> Kunth	New record	2018
<i>Oxalis dillenii</i> Jacq.	New record	2018
<i>Phelipanche ramosa</i> (L.) Pomel	New record	2019
<i>Phoenix canariensis</i> H.Wildpret	New record	Unpublished
<i>Poa annua</i> L.	Confirmed, last seen in 1903	2018
<i>Poa bulbosa</i> L.	Confirmed, last seen in 1903	2014
<i>Polygonum maritimum</i> L.	Confirmed, last seen in 1903	2017
<i>Polypogon subspathaceus</i> Req.	New record, previously attributed to <i>P. maritimum</i>	2018
<i>Polypogon viridis</i> (Gouan) Breistr. subsp. <i>viridis</i>	Confirmed, last seen in 1903	2018
<i>Potentilla reptans</i> L.	Confirmed, last seen in 1903	2017
<i>Rhagadiolus stellatus</i> (L.) Gaertn.	Confirmed, last seen in 1903	2017
<i>Romulea columnae</i> Sebast. & Mauri	Confirmed, last seen in 1903	2013
<i>Rostraria cristata</i> (L.) Tzvelev	Confirmed, last seen in 1903	2013
<i>Salsola tragus</i> L.	New record, previously attributed to <i>S. kali</i>	2018
<i>Saxifraga montis-christi</i> Mannocci, Ferretti, Mazzoncini & Viciani	New record, previously attributed to <i>S. granulata</i>	2016
<i>Serapias vomeracea</i> (Burm.f.) Briq.	New record	2014
<i>Silybum marianum</i> (L.) Gaertn.	New record	2017
<i>Solanum lycopersicum</i> L.	New record	2015
<i>Trifolium scabrum</i> L.	Confirmed, last seen in 1903	2018
<i>Trifolium tomentosum</i> L.	Confirmed, last seen in 1903	2018
<i>Trigonella smallii</i> Coulot & Rabaute	Confirmed, last seen in 1903	2018
<i>Triticum turgidum</i> L. subsp. <i>durum</i> (Desf.) Husn.	New record	2018
<i>Urtica atrovirens</i> Req. ex Loisel.	New record	2013
<i>Urtica membranacea</i> Poir.	New record	2015
<i>Valerianella microcarpa</i> Loisel.	New record	2015
<i>Viburnum tinus</i> L. subsp. <i>tinus</i>	Confirmed, last seen in 1903	Unpublished
<i>Vicia faba</i> L.	New record	Unpublished

Table 1 - New vascular plant units identified on Montecristo Island since 2000. For each entity, the type of report (New or Confirmed) is indicated, together with the status and date of publication.

Among the new reports, 8 (*Carex microcarpa* Bertol. ex Moris, *Erigeron canadensis* L., *Geranium purpureum* Vill, *Montia hallii* (A.Gray) Greene, *Opuntia monacantha* Haw., *Oxalis articulata* Savigny, *Polypogon subspathaceus* Req., *Saxifraga montis-christi* Mannocci, Ferretti, Mazzoncini & Viciani) are the result of a revision of the herbarium material, which led to the correction of previous erroneous determinations or even to the highlighting of the existence of new taxa. In other cases, substantial changes have occurred, reflecting new knowledge, for example, the most frequent nomenclatural changes concern the attribution to a different genus, as in the case of *Calystegia soldanella* (L.) Roem. & Schult., *Aetheorhiza bulbosa* (L.) Cass., and *Hedysarum coronarium* L., which are now recognised as *Convolvulus soldanella* L., *Sonchus bulbosus* (L.) N.Kilian & Greuter subsp. *bulbosus*, and *Sulla coronaria* (L.) B.H.Choi & H.Ohashi, respectively.

Among taxa of Montecristo, life forms are not equally distributed ($p < 0.001$). Results show that the predominant form is the therophytes, which account for around 54.2% of the total, with 273 entities. The remaining results are presented in Figure 1.

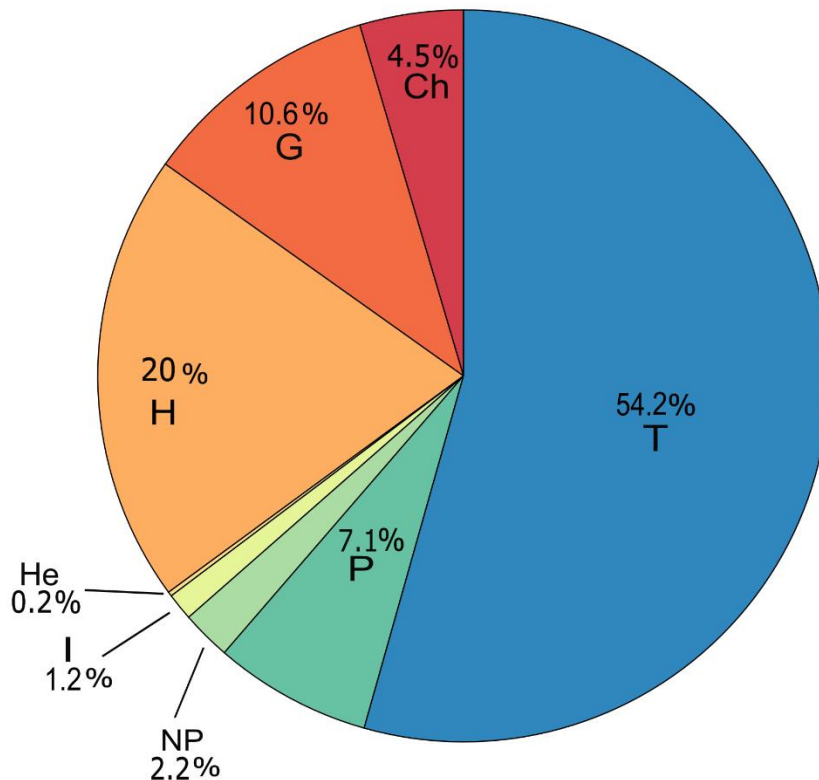


Figure 1 – Percentage of life forms of spontaneous vascular species on Montecristo Island. Life form legend: Ch = Chamaephytes, G = Geophytes, H = Hemicryptophytes, He = Helophytes, I = Idrophytes, NP = Nanophanerophytes, P = Phanerophytes, T = Therophytes.

Chorotypes are also not equally distributed ($p < 0.001$) and analysis revealed that the major geographical distributional elements are represented by 36.9% of Eurosiberian-Mediterranean and 31.2% of Mediterranean species. The remaining results are presented in Figure 2.

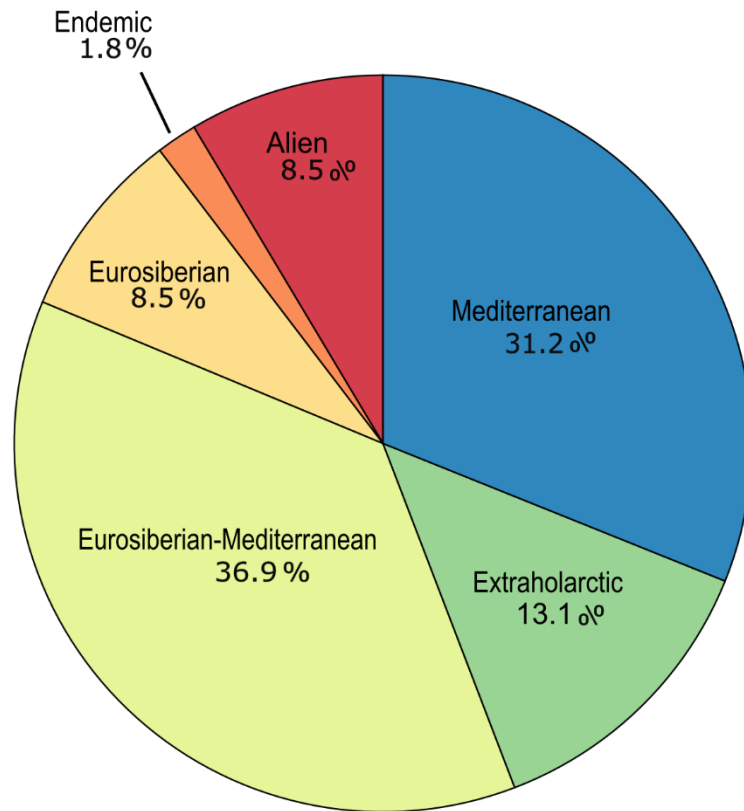


Figure 2 - Percentage of chorological spectra of spontaneous vascular species on Montecristo Island. Chorological types' legend: Alien = alien species; Endemic: Italian endemic and sub-endemic; Eurosiberian: species showing range within the Eurosiberian floristic region; Eurosiberian-Mediterranean: species showing range across Eurosiberian and Mediterranean floristic regions; Extraholarctic: species showing range larger than Holarctic floristic kingdom; Mediterranean: species showing range within the Mediterranean floristic region.

We found that also families are not equally distributed ($p < 0.001$), where Fabaceae (12.33%), Poaceae (11.33%) and Asteraceae (10.34%) are the most abundant (Figure 3). Families are significantly associated with life forms ($p < 0.001$), Fabaceae, Poaceae and Asteraceae are mostly represented by therophytes and then hemicriptophytes.

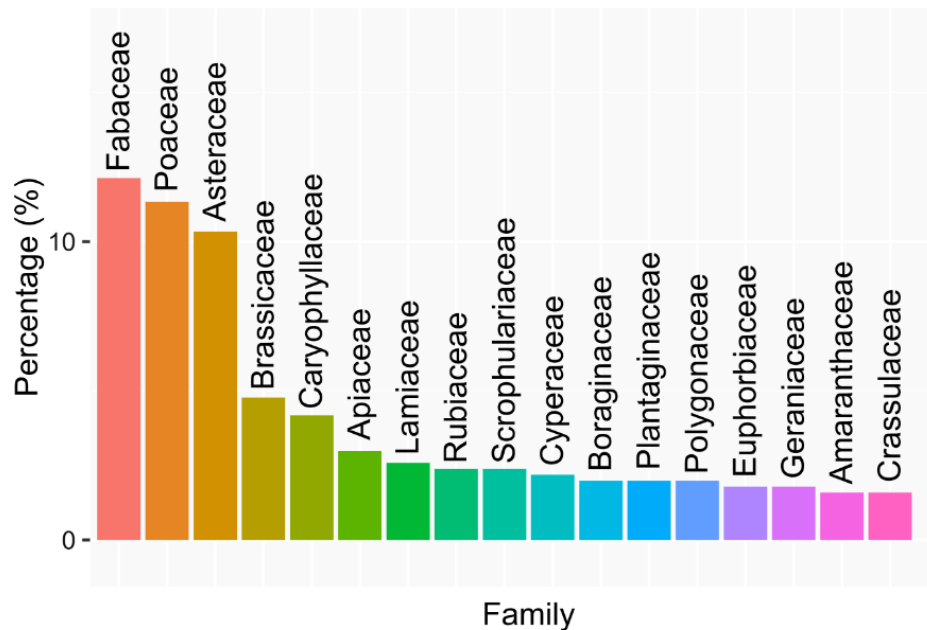


Figure 3 - Percentage of the 18 most common families on Montecristo Island, representing 60% of the total. Only families containing eight or more genera present on the island of Monte Cristo and individually accounting for more than 1.3% of the total are included.

Life forms are significantly associated ($p < 0.001$), with chorotypes: Mediterranean and Eurosiberian-Mediterranean taxa are mostly represented by therophytes (53% and 62% respectively). Endemics are mostly hemicryptophytes (44%) and chamaephytes (33%), while alien taxa are mostly represented by therophytes, phanerophytes and geophytes (more than 85% altogether).

Italian endemic or sub-endemic (Peruzzi et al., 2014a), collectively account for 1.8% of the total. Details are summarised in Table 2.

Species	Phytogeographic importance	Distribution in Tuscany and the Tuscan Archipelago
<i>Carduus fasciculiflorus</i> Viv.	Corsican Sardinian domain	Present in Tuscany only in Montecristo, where it is relatively abundant
<i>Carex microcarpa</i> Bertol. ex Moris		Present in Tuscany only in the Tuscan Archipelago: in Montecristo (where it is found along the Cala Maestra valley and in other valleys), Elba, and Capraia, in the past also reported in Giglio where it has not recently been found.
<i>Hypericum hircinum</i> L. subsp. <i>hircinum</i>		Present in Tuscany only in the Tuscan Archipelago: in Montecristo and Elba.
<i>Scrophularia trifoliata</i> L.		Present in Tuscany only in the Tuscan Archipelago: in Montecristo and Gorgona.
<i>Verbascum conocarpum</i> Moris subsp. <i>conocarpum</i>		Present in Tuscany only in the Tuscan Archipelago: in Montecristo and Elba.
<i>Limonium sommierianum</i> (Fiori) Arrigoni	Restricted endemism of the Tuscan Archipelago	Present in Giannutri, Giglio and Montecristo.
<i>Linaria capraria</i> Moris & De Not.		Present in Capraia, Giglio, Elba, Pianosa e Montecristo. The presence in Gorgona is doubtful.

<i>Mentha requienii</i> Benth. subsp. <i>bistaminata</i> Mannocci & Falconcini		Present in Capraia and Montecristo.
<i>Saxifraga montis-christi</i> Mannocci, Ferretti, Mazzoncini & Viciani	Restricted endemism of Montecristo	Present only in Montecristo.
<i>Hieracium racemosum</i> Waldst. & Kit. ex Willd. subsp. <i>amideii</i> Gottschl., Gonnelli & Zoccola		Present only in Montecristo.

Table 2 - List of endemic and subendemic entities on Montecristo Island. For each entity, its phytogeographic importance and its distribution in Tuscany and the Tuscan Archipelago are indicated.

Alien taxa account for 8.53% of the total, counting 30 spontaneous species, of which 22 are listed in the checklist of the alien flora of the Tuscan Archipelago (Lazzaro et al. 2013), two entities (*Conringia orientalis* (L.) Andr. ex DC. and *Vicia lens* (L.) Coss. & Germ.) were no longer found since the first report in 1903 and 1957 respectively, and seven species are new reports from 2012 to 2023, a full list of these species is provided in Appendix I. Temporal analysis was performed looking for correlations and variations in the distribution of chorological types, biological forms and families of species over time. Results show that only alien species varied significantly, increasing over time ($p < 0.001$).

Discussion

The earliest known botanical information on Montecristo dates from 1832, when Giuseppe Giuli conducted a brief excursion on the island and subsequently used the data he collected to supplement Antonio Bertoloni's *Flora Italica* (1837-1854) (Paoli & Romagnoli 1976). The first list of vascular plants compiled for the island of Montecristo, comprising 343 species, was produced by Caruel and entitled 'Florula di Montecristo' (1864). In Sommier's 'La Flora dell'Arcipelago Toscano 1' (1902) and 'La Flora dell'Arcipelago Toscano 2' (1903), Montecristo was documented to have 406 described species. A subsequent list of vascular plants dedicated to Montecristo was published in 1976, 'La Flora vascolare dell'isola di Montecristo' (The Vascular Flora of the Island of Montecristo) by Paoli and Romagnoli. This list describes 471 entities, excluding the species cultivated around the habitation area of Cala Maestra. Subsequent additions to this list were published by Sartori in 1978, resulting in 489 species. A total of 585 species were counted in this work, of which 504 are considered as spontaneous vascular plants of Montecristo's flora, obtained from a synthesis of bibliographic sources with directly verified observations, but excluding exotic cultivates and species considered as *excludenda*. Notably, five species excluded from this checklist (*Cneorum tricoccon*, *Erica multiflora*, *Euphorbia dendroides*, *Teucrium flavum* and *Teucrium fruticans*) were previously reported by Giuli (1833), however, they probably are the result of labelling or determination errors as they are all characterised by a preference for calcareous habitats, which is an unlikely scenario on

an island that is almost exclusively granitic. On the other hand, *Carpobrotus acinaciformis* was excluded from the floristic list because it was no longer present after its eradication in 2015 (personal communication, L. Lazzaro). Regarding the new report for the island, it is worth noting the case of *Saxifraga granulata* L., a species recently excluded from the flora of Montecristo and replaced by the vicarious *Saxifraga montis-christi* (Mannocci et al. 2016). Additionally, *Geranium purpureum* was observed during a vegetation survey conducted in 2005, following a period during which it had not been recorded in previous works. The exsiccata preserved in the Herbarium of Florence were therefore studied together with those of a related species, *Geranium robertianum*. Through this process, it was determined that all the specimens previously attributed to *G. robertianum* were, in fact, *G. purpureum* (Peruzzi et al. 2018). Lastly, some names have also been re-evaluated based on chronological priority. An example of a name change is *Sagina subulata* (Sw.) C. Presl, which is now known as *Sagina hawaiiensis* Pax.

A comparison of Montecristo with the floras of the Tuscan Archipelago reveals that, in terms of the absolute number of species per km², Montecristo shares the lowest floristic richness with Giannutri (Carta et al. 2008). However, the decline in floristic diversity for Montecristo is more abrupt than for the other islands, and cannot be justified based on its size alone (Arrigoni et al. 2003). Further factors are therefore required to explain this phenomenon. Montecristo is the most distant of the islands from the mainland coast, situated approximately 63 km away from mainland Tuscany. It is the least studied from a botanical perspective due to its remote location and distinctive morphological characteristics, which have hindered exploration over time. Additionally, there are regions within the island that are inaccessible, and for which floristic data are scarce. Also, the substrate is characterised by a paucity of heterogeneity, with the vast majority of the island's terrain comprising granite (Innocenti et al. 1997). This geological composition gives rise to soil layers of a siliceous nature that prove limiting for obligate chalcophiles. It seems reasonable to suggest that a further limitation to the floristic development of the island is probably due to the considerable biological imbalance that has occurred on the island as a result of the increase in the alien faunal component (goats and mice) and the expansion of the invasive plant species *Ailanthus altissima*. Further targeted studies would be required to confirm this hypothesis and assess the actual impact of the fauna component on the island's vegetation. Nevertheless, following the eradication of black rat *Rattus rattus* (Linnaeus, 1758) by the LIFE Project 'Montecristo 2010', there have been no further sightings. However, the goat population is of historic interest and therefore protected, it has become evident that the presence of these feral goats is having a significant negative impact on the island ecosystem, due to overgrazing which causes soil damage, a lack of vegetation renewal, ecosystem degradation and biodiversity loss. From a chorological perspective, it is notable that Montecristo, as well as Gorgona and Capraia (Carta et

al. 2008), exhibit a floristic affinity with the Cyrno-Sardinian territories. The islands of the Tuscan Archipelago exhibit a prevalence of species with a broad distribution, either Mediterranean-tetidic or with a broader distribution, holarctic, yet still tetidic in their gravitation (Euro-Mediterranean or Euro-tetidic) (Arrigoni et al. 2003), Montecristo does not differ in this general character from the others. It is worth noting that Montecristo shares the prevalence of southern holarctic species with Elba and Gorgona, indicating a lower prevalence of the Mediterranean component compared to the continental one (Carta et al. 2011). However, there is a lower presence of the total holarctic component in Montecristo compared to Elba. This can be explained by the lesser isolation of Elba and the greater impact of European flora migrations during glacial periods (Carta et al. 2008). Additionally, Montecristo's lower altimetric development reduces the possibility of maintaining a mesothermophile or mesophile flora. The percentage of endemic species in the Archipelago is not very high when compared with the other Mediterranean islands, but it is nevertheless higher in Montecristo than in all the other neighbouring islands considering their area (Foggi et al. 2014). Conversely, biological invasions, in conjunction with socio-cultural changes, represent a significant contributing factor to the decline in endemism (Foggi et al. 2014) and constitute a substantial threat to biodiversity, particularly in island ecosystems (Médail 2013). Isolated ecosystems are more susceptible to increased invasion rates (Hulme et al. 2007; Lazzaro et al. 2014). However, Montecristo could represent a notable exception due to its strict conservation regime and the absence of significant tourism and land exploitation over the past four decades. Nevertheless, alien species were the only chorological type to demonstrate a notable increase over time. This suggests that even comprehensive protection and limited and controlled tourist exploitation are insufficient to render a small, isolated island immune to the pressures of anthropogenic disturbance. These pressures, together with socio-cultural changes in land use and climate change, are the main factors driving plant invasions (Hobbs, 2000), which, together with the detrimental effects of goats on the island, are leading to a degraded state of the island's vegetation.

Our research was based on a review of available herbaria and bibliographic materials. However, some taxa or systematic groups would benefit from further investigation. Further morphological and cariological investigations would be required to provide stronger evidence for the presence of *Sedum dasyphyllum* L. subsp. *glanduliferum* (Guss.) Nyman (see Appendix 1), as previously indicated by Giuliani et al. (2014). Another taxon that requires further attention is *Plantago weldenii* Rchb., which is currently reported for the island of Montecristo. However, its taxonomic identity should be investigated more thoroughly, given the complexity of the group (Höpke et al. 2019, Lazzaro et al. 2020). Additionally, based on observations made by Vincenzo Gonnelli (pers. comm.), it appears that some of *Quercus ilex* samples collected from Montecristo individuals may display identification

elements consistent with those of *Q. ilex* subsp. *rotundifolia* (Lam.) T. Morais., a commonly occurring subspecies in the Iberian Peninsula (sub *Q. ilex* subsp. *ballota* (Desf.) Samp. in Castroviejo et al. 1990; see also Ferrer-Galego & Saez 2019 for nomenclatural issues on this taxon).

Conclusion

The present study permitted the creation of an updated inventory of Montecristo Island, an important biodiversity hotspot for the Tuscan Archipelago and the Mediterranean in general. This inventory highlights the need for appropriate conservation measures in this region. Following the establishment of the National Park of the Tuscan Archipelago in the year 1991, a considerable number of conservation activities have been conducted, both in situ and ex-situ, in addition to comprehensive studies designed to enhance comprehension of the archipelago's floristic richness and evaluate prospective conservation strategies. This revised account of the vascular, spontaneous, and cultivated flora of Montecristo Island serves as a significant reference for the development of knowledge regarding the island and the promotion of its protection.

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