

A triad of kicknet sampling, eDNA metabarcoding, and predictive modeling to assess richness of mayflies, stoneflies and caddisflies in rivers

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Abstract

Monitoring biodiversity is essential to understand the impacts of human activities and for effective management of ecosystems. Thereby, biodiversity can be assessed through direct collection of targeted organisms, through indirect evidence of their presence (e.g. signs, environmental DNA, camera trap, etc.), or through extrapolations from species distribution and species richness models. Differences in approaches used in biodiversity assessment, however, may come with individual challenges and hinder cross-study comparability. In the context of rapidly developing techniques, we compared three different approaches in order to better understand assessments of aquatic macroinvertebrate diversity. Specifically, we compared the community composition and species richness of three orders of aquatic macroinvertebrates (mayflies, stoneflies, and caddisflies, hereafter EPT) obtained via eDNA metabarcoding and via traditional *in situ* kicknet sampling to catchment-level based predictions of a species richness model. We used kicknet data from 24 sites in Switzerland and compared taxonomic lists to those obtained using eDNA amplified with two different primer sets. Richness detected by these methods was compared to the independent predictions made by a statistical species richness model, that is, a generalized linear model using landscape-level features to estimate EPT diversity. Despite the ability of eDNA to consistently detect some EPT species found by traditional sampling, we found important discrepancies in community composition between the kicknet and eDNA approaches, particularly at a local scale. We found the EPT-specific primer set fwHf2/EPTDr2n, detected a greater number of targeted EPT species compared to the more general primer set mlCOIintF/HCO2198. Moreover, we found that the species richness measured by eDNA from either primer set was poorly correlated to the richness measured by kicknet sampling (Pearson correlation = 0.27) and that the richness estimated by eDNA and kicknet were poorly correlated with the prediction of the species richness model (Pearson correlation = 0.30 and 0.44, respectively). The weak relationships between the traditional kicknet sampling and eDNA with this model indicates inherent limitations in upscaling species richness estimates, and possibly a limited ability of the model to meet real world expectations. It is also possible that the number of replicates was not sufficient to detect ambiguous correlations. Future challenges include improving the accuracy and sensitivity of each approach individually, yet also acknowledging their respective limitations, in order to best meet stakeholder demands and address the biodiversity crisis we are facing.

Key Words

Ephemeroptera, metabarcoding, Plecoptera, Trichoptera, water DNA

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Introduction

The role of biodiversity in maintaining ecosystem functions and services is widely recognized (Chapin et al. 2000; Cardinale et al. 2012). Consequently, the deleterious effects of human activities on biodiversity are a source of growing concern and are mobilizing both scientists and stakeholders around the world (Pereira and Cooper 2006; Diaz et al. 2020). In a context where the loss of biodiversity is established and threatens many of the benefits that ecosystems provide to humanity, monitoring the diversity and composition of biological communities is a priority, both to prevent future adverse consequences and to establish possible restoration measures (Lindenmayer and Likens 2010). However, measuring the state and change of biodiversity remains a challenge both due to questions related to its scientific definition (such as which levels of biological organization to study and at what spatial scales) and to the limitation of the methods and technologies available to monitor life in the environment (Mace and Baillie 2007; Anderson 2008; Van Dyke 2008).

For a long time, macroinvertebrate monitoring of freshwater ecosystems has solely relied on the capture of individuals or their direct observation (Rosenberg and Resh 1993). These approaches, although improved over time (Barbour et al. 1999), remain limited by sampling biases (Nerbonne et al. 2008), identification errors (Haase et al. 2010), associated costs (Growth et al. 1997), and sometimes coarse taxonomic resolution (Jones 2008). Furthermore, they do not allow upscaling and predicting to larger spatial or temporal scales (Kunin et al. 2018). Thus, additional approaches are needed to complement classic biodiversity data, especially with respect to a better scaling and resolving the state and change of biodiversity. Approaches can be based on novel technological advances, such as in molecular sciences, or in a more detailed use of predictive or other statistical models (Guisan and Zimmermann 2000; Taberlet et al. 2012; Petchey et al. 2015; Altermatt et al. 2020). The implementation of these approaches, however, needs to be complemented with a thorough analysis of strengths and weaknesses, including directly comparing performance of the approaches as well as identifying what can (or cannot) be gained by either approach. Within the last decade, environmental DNA (eDNA) has been – especially in aquatic ecosystems – presented as a game-changer to traditional approaches, with the promise of being able to monitor biodiversity at unprecedented spatial and temporal scales (Leese et al. 2016; Deiner et al. 2017; Hering et al. 2018). In streams and rivers, it has also already been extensively used and compared to classic kicknet-based approaches, and complementarity and respective advantages and disadvantages have been put forward (e.g. Hänfling et al. 2016; Pont et al. 2018; Mächler et al. 2019). Several recent meta-analyses (McElroy et al. 2020; Keck et al. 2022) showed that, in aquatic environments, eDNA metabarcoding and traditional methods can provide similar estimates of taxonomic richness, but large inconsistencies

remain in the taxonomic composition found by the two approaches, especially in macroinvertebrate and microbial communities.

A pairwise comparison of methods, however, may be hard to resolve, as approaches come with their respective biases and fundamentally differ in the scale they represent. Thus, including a third approach, using a triad of comparisons (Fig. 1), offers the possibility to resolve such discussions, yet hinges on models that rely on independent and exogenous variables (e.g. environmental variables) to predict diversity (see e.g. Lehmann et al. 2002; Lobo et al. 2004; Moraes et al. 2014). This latter approach does not estimate diversity from direct observation but from mathematical functions or statistical relationships previously established (Ferrier and Guisan 2006). Since direct observations (traditional or DNA-based) are still very sparse and limited, this third approach is the only one that currently allows us to estimate biodiversity on a large scale and in a continuous manner. However, there has been little – if any – work on linking the estimates obtained by such models (usually trained with traditional observational data) with those obtained from eDNA.

In this study, we used a dataset of 24 streams located in Switzerland, for which macroinvertebrate communities have been sampled at one location, both by kicknet and eDNA, and for which independent predictions on species richness have been modelled. We specifically focus on the diversity of three orders of macroinvertebrates: mayflies (Ephemeroptera, E), stoneflies (Plecoptera, P), and caddisflies (Trichoptera, T). EPT taxa are commonly found in streams and rivers, and have proven to be useful and powerful indicators of water quality (Wallace et al. 1996). We amplified eDNA with two distinct pairs of primers, a more generic one (mlCOIntF/HCO2198, Folmer et al. 1994; Leray et al. 2013) and one more specific toward benthic invertebrate taxa (fwhF2/EPTDr2n, Vamos et al. 2017; Leese et al. 2021), in order to test their respective capacity to unveil EPT diversity. We compared the diversity estimates and the species composition detected by the eDNA and kicknet approaches, both at regional (gamma diversity) and local (alpha diversity) scales. We then related these results to the diversity estimated by a predictive statistical model for EPT richness (Kaelin and Altermatt 2016). This model uses a set of environmental features to predict EPT species richness through a generalized linear model framework, an approach extensively used for species richness modeling (e.g. Edvardsen and Økland 2006; Schouten et al. 2009; Sommer et al. 2010; Vasconcelos et al. 2015; Kwon et al. 2019).

We hypothesize that the fwhF2/EPTDr2n primer set, due to its higher specificity, will detect more EPT species than the generic primer set, and that the species detected will be more consistent with the traditional approach in terms of richness and taxa detected. We also hypothesize a positive correlation of the EPT richness detected by the three different approaches tested. However, the fact that the kicknet approach measures diversity locally, while the model used predicts diversity at the watershed

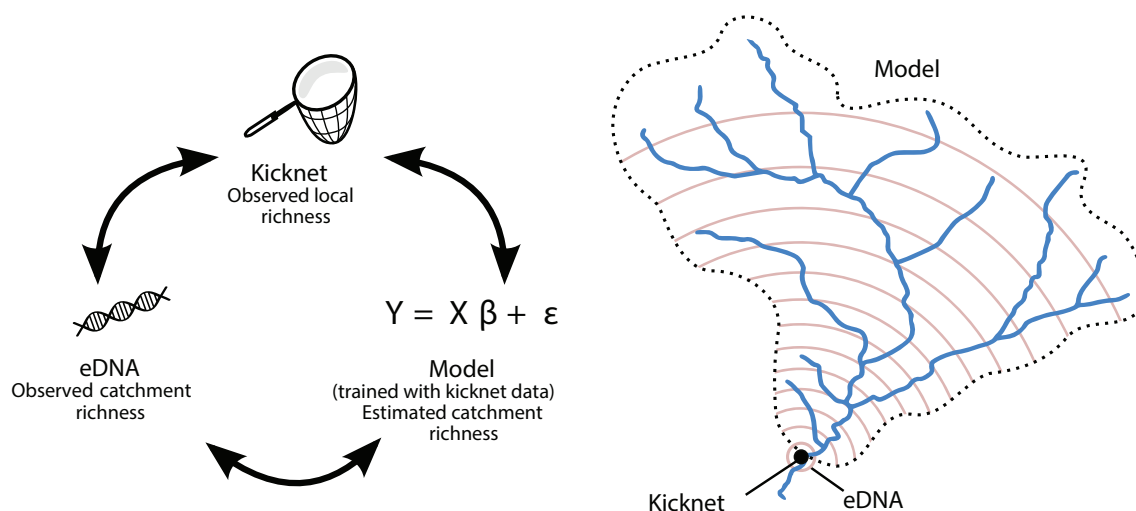


Figure 1. A triad of methods (kicknet sampling, eDNA sampling, and statistical modelling) available to estimate macroinvertebrate diversity in river ecosystems. Each has its own specificities, particularly in terms of integrated spatial scale. Note that models always rely on underlying data used to train them; in this study those are independent kick-net samples.

scale (Kaelin and Altermatt 2016) should cause disparities between these methods. In rivers, eDNA is known to be transported from upstream to downstream, thereby integrating the diversity across the catchment area (Deiner and Altermatt 2014; Deiner et al. 2016; Carraro et al. 2020). Therefore, the eDNA-based approach could be a compromise between kicknet sampling and predictive modeling in that it measures a local estimate of the diversity integrated across a larger scale (Fig. 1).

Materials and methods

Sampling

Water samples were collected from 24 streams in Switzerland in 2013 or 2014 (Fig. 2). All streams were small to medium-sized streams (range of catchment area 7 to 66 km²) in the Plateau and Jura part of Switzerland, covering an elevational range from 370 to 912 m a.s.l. All were headwater streams with no wastewater treatment plants upstream, and land-use types in the upstream catchment consisted mostly of forest and agriculture (dairy farming and cropping). Arable land covered between 0.1 and 81%, urban areas between 5 and 21%, and grassland between 4 and 54% of the catchment areas. At each location, we sampled two sites in the stream located a few hundred meters apart, yet within the overall same habitat type and environmental conditions, and considered below as replicates (i.e. 2 replicates per location). One liter of water at each site was sampled in a pre-decontaminated bottle. Water samples were transported in a cooler on ice (maximum transport time of six hours) and were stored at -20 °C until processed further. All samples were taken within a larger research program (for details of the project and sampling procedure, see also Stamm et al. 2016, 2017; Burdon et al. 2019). Here we focus on the subset of samples taken upstream of wastewater treatment plant inflows only. Macroinvertebrate communities were

sampled using kicknet sampling (Barbour et al. 1999) within 35 days before or after water sampling (Suppl. material 2: Table S1). The method used followed the protocols of the Swiss Federal Office for the Environment (Stucki 2010) and is based on sampling 8 microhabitats/sites per stream (maximizing diversity of microhabitats sampled) and subsequently pooling the samples. The kicknet used had a mesh size of 0.5 mm.

EPT identification

At each location, all individuals of may-, stone-, and caddisflies (EPT) were identified to the species level (in a few cases to species complexes, subsequently treated as species) using expert taxonomists. Identification of all taxa followed pre-defined taxonomic lists, and all data from the two sites per location were pooled. For details see Burdon et al. (2019) and Stucki (2010). For subsequent analyses, we only used presence/absence data, and calculated species richness values per location.

Water filtration and DNA extraction

Methods for filtration and extraction of DNA from water samples were previously published in Mansfeldt et al. (2020). Briefly, water was filtered through a glass fiber filter (GF/F, nominal pore size of 0.7 μm, 25 mm, Whatman International Ltd., England), and DNA was extracted with a Phenol-Chloroform Isoamyl followed by an ethanol precipitation (Mansfeldt et al. 2020). Strict adherence to contamination control was followed using a controlled lab where only eDNA isolation and pre-PCR preparations are performed (Deiner et al. 2015). Total volume of water filtered for each extraction depended on the suspended solids in the sample, which clogged the filter, and ranged from 65 to 350 mL. Thus, between two and eight independent extractions from filters were carried out for each sample location, to have equitable amounts of water

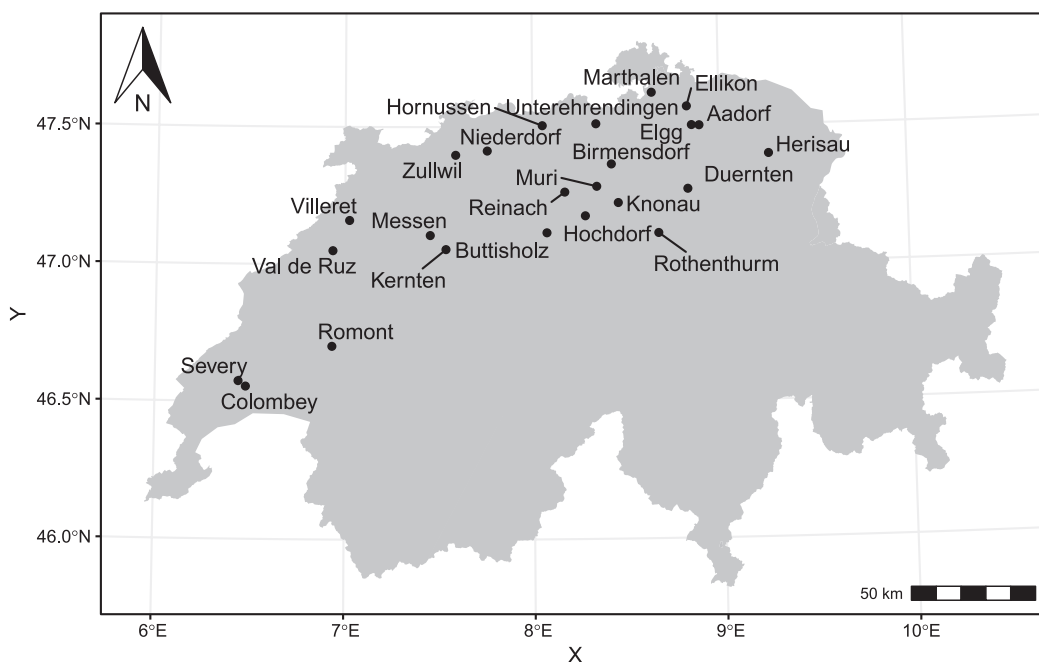


Figure 2. Map of Switzerland showing the 24 sampling locations. Locations are named after local municipalities.

extracted, resulting in a total of 500 to 700 mL of filtered water used per sample for DNA extraction (see Mansfeldt et al. 2020 and Suppl. material 2: Table S2). A 50 μ L pool was created by adding equal volumes from each independent extraction and quantified using the Qubit (1.0) fluorometer following recommended protocols for the dsDNA HS Assay, which has a high accuracy for double stranded DNA between 1 ng/mL to 500 ng/mL (Life Technologies, Carlsbad, CA, USA). Filter negative controls were created for each day that filtration took place. A filter negative control consisted of filtering 250 mL of Milli-Q water that was secondarily decontaminated with UVC light. DNA extraction controls were used to monitor contamination and processed with each batch of extractions of which consisted of between 18 and 22 filters per batch (Suppl. material 2: Table S3). All pooled DNA extractions were cleaned with the OneStepTM PCR Inhibitor Removal Kit (Zymo Research, Irvine, California, USA) according to the manufacturer's protocol as this has been shown to be effective for removal of PCR inhibition of riverine samples of environmental DNA (McKee et al. 2015).

Library construction and sequencing

Library construction for each sample location followed a three step PCR process. The first PCR consisted of amplification of a 312 bp fragment of the 5' end of the Cytochrom Oxidase I mitochondrial gene (COI) using the forward primer (mCOIintF) from Leray et al. (2013) and the reverse primer (HCO2198) from Folmer et al. (1994). Four independent PCRs on eDNA were carried out in 15 μ L volumes with final concentrations of 1 \times supplied buffer (Faststart TAQ, Roche, Inc., Basel, Switzerland), 1000 ng/ μ L BSA (New England Biolabs, Ipswich, MA, USA), 0.2 mMol dNTPs, 2.0 mMol MgCl₂, 0.05 units per μ L

Taq DNA polymerase (Faststart TAQ, Roche, Inc., Basel, Switzerland), and 0.5 μ Mol of each forward and reverse primer. 2 μ L of extracted eDNA was added that ranged in concentration from 0.03 to 54.0 ng/ μ L. This range was the outcome of DNA concentrations that were extracted. The thermal-cycling regime was 95 $^{\circ}$ C for 4 minutes, followed by 35 cycles of 95 $^{\circ}$ C for 30 seconds, 48 $^{\circ}$ C for 30 seconds and 72 $^{\circ}$ C for 1 minute. A final extension of 72 $^{\circ}$ C for 5 minutes was carried out and the PCR was cooled to 4 $^{\circ}$ C until removed and stored at -20 $^{\circ}$ C until products were cleaned. PCR products were visualized on a 1.5% agarose gel to confirm amplification. We cleaned each PCR replicate with Exo I Nuclease (EXO I) and Shrimp Alkaline Phosphatase (SAP) (Thermo Fisher Scientific Inc., Waltham, Maryland USA). The master mix consisted of 1.6 U/ μ L Exo I and 0.15 U/ μ L SAP in a total volume of 1.1 μ L which was then added to 7.5 μ L of the PCR product. Products were heated to 37 $^{\circ}$ C for 15 minutes and followed by 15 minutes at 80 $^{\circ}$ C for deactivation of EXO and SAP.

The second PCR was conducted with the same PCR conditions above except the forward and reverse primers were modified to include the Nextera transposase adaptors and only 1 μ L of cleaned PCR product was used in the reaction. Between the forward and reverse primer sequence and the transposase adaptor a different number of random bases were inserted to create products of varying length to allow more heterogeneity on the flow cell. The thermal-cycling regime was the same except that five cycles were used. PCR products from the four independent reactions for each sample were then pooled together and cleaned using a two-step method. First, we cleaned each pooled reaction with EXO I and SAP as described above except we adjusted proportionally the volumes of EXO I and SAP for a total cleaned volume of 30 μ L rather than 7.5 μ L.

Second, we desalted, removed buffer components with the Illustra MicroSpin S-300 HR Columns (GE Healthcare Life Sciences, Little Chalfont, United Kingdom) following the manufacturer's recommended protocol.

The third PCR indexed each pooled PCR using the dual-indexing strategy with the Nextera index kits A and D. Indexing PCR was carried out in a reaction volume of 50 μ L where amplicons that showed a DNA concentration less than 0.1 ng/ μ L were added at 10 μ L and all other greater than this were added at 5 μ L. We used the KAPA Library Amplification Kit following the manufacturer's recommended protocol (KAPA Biosystems, Wilmington, MA). Each of the pooled reactions were then cleaned using Agencourt AMPure XP beads following the recommended manufacturer's protocol (Beckman Coulter, Brea, CA, USA).

Cleaned and indexed libraries were then assayed for DNA concentration using the Qubit (1.0) fluorometer following recommended protocols for the dsDNA HS Assay, normalized, then pooled at a 2 nM concentration. PHiX control was added at 1%. Paired-end sequencing was performed on an Illumina MiSeq (MiSeq Reagent kit v2, 250 cycles) at the Genomic Diversity Center at the ETH, Zurich, Switzerland following the manufacturer's run protocols (Illumina, Inc., San Diego, CA, USA). The MiSeq Control Software Version 2.2 including MiSeq Reporter 2.2 was used for the primary analysis and the demultiplexing of the raw reads.

In order to amplify the 142 bp long fragment of the COI locus using the fwHf2 forward primer (Vamos et al. 2017) and the EPTDr2n reverse primer (Leese et al. 2021), a similar three-step PCR was conducted as described above. First, PCR was carried out in three independent PCR reactions with a total volume of 25 μ L, containing final concentrations of 1 \times supplied buffer (Faststart TAQ, Roche, Inc., Basel, Switzerland), 1500 ng/ μ L BSA (Molecular biology grade, New England Biolabs), 0.2 mM dNTPs, 3.0 mM MgCl₂, 0.05 units per μ L Taq DNA polymerase (Faststart TAQ, Roche, Inc., Basel, Switzerland), and 0.5 μ Mol of each forward and reverse primer. 2 μ L of extracted eDNA or PCR grade water as negative control was added to each reaction. PCR Reactions were performed with the following cycle settings on a Biometra T1Thermocycler (Analytik Jena GMBH, Ge): denaturation was at 95 °C for 8 minutes, followed by 30 cycles of 95 °C for 30 seconds, 50 °C for 1 minute and 72 °C for 1 minute. A final extension of 72 °C for 7 minutes was performed, followed by lowering the temperature to 4 °C to avoid DNA degrading.

From the first PCR product, 10 μ L was enzymatically cleaned by adding 0.11 U/ μ L Exonuclease I (E. coli), 0.2 U/ μ L Shrimp Alkaline Phosphatase (rSAP) (New England Biolabs) and 1.11 μ L PCR grade water to each sample. The temperature cycling was carried out as recommended by the manufacturer.

In order to add the Nextera transposase sequences adaptors to the first PCR fragment, 4 μ L cleaned PCR product was used in similar PCR condition as in the first PCR reaction. Thermal cycling regime was identical,

except that the number of cycles was reduced. Amplification success was checked with the AM320 method on the QiAxcel Screening Cartridge (Qiagen, Germany). Most of the samples worked after 10 PCR cycles. However, the cycling number for 28 samples was adjusted up to 18 cycles, in order to see amplification success.

Before we attached the index adapters with the third PCR, additional cleaning steps were performed. This consisted of first pooling the replicates of the second PCR product and then running it on a 0.8% low melting point Agarose (Analytical grade, Promega) together with 100-bp ladders (Promega, Madison, WI, USA). Fragments with the correct size of 268 bp were cut out from gel, by using a fresh scalpel. Thereafter DNA was purified, using the Wizard SV Gel and PCR Clean-Up System (Promega, Madison, WI, USA). Excised DNA bands were dissolved in 250 μ L Membrane Binding Solution at 65 °C shaken at 850 rpm for 2 minutes. After the column bind and washing steps, DNA was eluted in 20 μ L PCR grade water.

Illumina Nextera XT Index set D (Illumina, Inc., San Diego, CA, USA) were attached to the purified amplicon by following the recommended protocol from the Illumina library preparation guide, except increasing cycle number from 8 to 10 cycles. After the Nextera index adapters successfully bound to the fragment, the individual samples were cleaned up with a MagJET NGS Cleanup and Size Selection Kit running on a KingFisher Flex Purification System (Thermo Fisher Scientific Inc., MA, USA).

Quantification of PCR products was conducted with a target selective fluorescence dye Qubit BR DNA Assay Kit (Life Technologies, Carlsbad, CA, USA). Fluorescence dye emission of the standard dilution series and samples were measured in replicates with a Spark Multimode Microplate Reader (Tecan, US Inc., USA). Samples, including filter, extraction and PCR controls were then merged in four equimolar pools (3nM), in relation to their concentration, with an automated liquid handling station (BRAND GMBH + CO KG, Wertheim, GE). Final pool was then three times manually purified, by using a 0.8 \times ratio of Agencourt AMPure XP (Beckman Coulter, Brea, CA, USA) beads, again following the recommended manufacturer's protocol. Amplicon size was verified by an Agilent 4200 TapeStation (Agilent Technologies, Inc., USA) run. Library was sequenced with a concentration of 10 pM in the flowcell on an Illumina MiSeq (Illumina, Inc. San Diego, CA, USA) at the Genetic Diversity Center (ETH, Zurich). The Sequencing run (MiSeq Reagent kit v2, 300 cycles, paired-ended) was spiked with 10% PHiX control.

Bioinformatics

Demultiplexed MiSeq (forward and reverse) reads were initially checked using FastQC (v. 0.11.9) and the software package DADA2 (v.1.16.0) was used to infer amplicon sequence variants (ASVs) following the methods described by Callahan et al. (2016). Prior to ASV inference, primer sequences (mlCOIintF/HCO2198 and fwHf2/EPTDr2n) were removed from the reads using cutadapt

v.2.10 (Martin 2011). After primer removal, the forward and reverse reads were truncated to 200 and 170 nucleotides, respectively, for the mlCOIintF/HCO2198 run, in order to remove poor quality nucleotides at their extremities. Both the forward and reverse reads were truncated to 120 nucleotides for the fwfF2/EPTDr2n run. Reads were quality-filtered by removing any read with one or more ambiguities (“N”) and any read with a maximum expected error (maxEE) larger than 2 (default value in DADA2). After dereplication, ASVs were finally generated based on the error rates model determined by the DADA2 denoising algorithm and paired reads merged into one sequence using a minimum overlap of 12 bases. Potential chimeric sequences were removed using the de novo chimera detection algorithm implemented in DADA2.

We translated the ASV sequences into amino acids starting from the 2nd nucleotide and using the invertebrate mitochondrial code. Since COI is a coding sequence, it is not expected to find stop codons in the barcode region (Song et al. 2008). Therefore, all the ASV sequences (2642 for the mlCOIintF/HCO2198 primers, 2251 for the fwfF2/EPTDr2n primers) in which a stop codon was found were discarded. For the mlCOIintF/HCO2198 run, a total of 140 additional ASVs which were found in relative proportion > 0.1% in one of the six negative controls were also discarded from all the samples. For the fwfF2/EPTDr2n run, only 2 ASV sequences were removed at this step (2 negative controls were used).

Taxonomic assignment of ASV sequences was achieved using the RDP algorithm (Wang et al. 2007) with a bootstrap threshold of 75%. The reference database used for taxonomic assignment was assembled from several sources: NCBI, BOLD, MIDORI and the EPT sequences collected within the SwissBOL project. After quality filtering (removing incorrect sequences and mislabeled taxa) the reference database included 654,132 labeled COI sequences divided into 88 classes, 493 orders, 4,107 families, 33,337 genera and 120,374 species. One of the reasons often cited to explain the non-detection of taxa by DNA methods is the incompleteness of reference databases (Weigand et al. 2019). This argument, although difficult to evaluate, is perfectly valid in studies dealing with the diversity of large or poorly known taxonomic groups (Lindeque et al. 2013). In the present study, this hypothesis can be excluded as all but one EPT species detected by kicknet are present in the reference database used.

Replicates (sites) were merged by location. For five locations (Buttisholz, Hochdorf, Hornussen, Messen, and Niederdorf, see Fig. 2), only one replicate was available for mlCOIintF/HCO2198. Therefore, we excluded the corresponding replicates from the analysis of fwfF2/EPTDr2n.

Predictive model for EPT richness

For each sampling location, we predicted the EPT species richness using a statistical species richness model developed by Kaelin and Altermatt (2016), and model predictions were directly taken from that publication for

the respective 24 study catchments used here. Briefly, this model is a generalized linear model using a Poisson error distribution. The model was trained using Lasso regularization to predict EPT species richness from a set of 11 environmental variables, including land use (proportion of green area, forest, deciduous forest relative to total forest area, corn cultivation area, street area, roof area), topology (slope, elevation, total length of watercourses), geology (proportion of carbonate rock), and pollution (wastewater quantity annually conveyed into watercourse). The model had been trained with a dataset of 410 independent locations where EPT species richness was assessed by kicknet sampling. These 410 locations did not overlap with any of the 24 study locations/catchments herein used, and had been monitored by kicknet in a systematic manner between 2009–2013, ensuring random spatial and temporal coverage (for details, see Altermatt et al. 2013; Ryo et al. 2018). These sites cover a much wider environmental, geographic and temporal scale than the 24 study catchments compared to, thus should encapsulate all variation in species richness expected in the latter. Then, using generalized linear models incorporating all main land-use variables identified as relevant by Kaelin and Altermatt (2016), the model was used to predict species richness in 22,169 ~2 km² large sub-catchments, covering the entire territory of Switzerland. Predictions on alpha diversity (richness) of EPT were retrieved for the sub-catchments corresponding to the 24 locations studied here. Thus, the predicted species richness values in the 24 study catchments further analyzed here are based on a model parametrized across all of Switzerland.

Analyses

We used presence-absence data and species richness (i.e. the number of species) to characterize the diversity of EPT, both from the eDNA as well as the kicknet data. Diversity was studied both at local scale (i.e. locations after merging site replicates, alpha diversity), and at regional scale (i.e. all locations merged, gamma diversity). For both alpha and gamma diversity, we compared the number of species detected by kicknet only, by eDNA only, and the number of species detected both by kicknet and eDNA. For each location, the sampling effort (number of identified individuals and sequencing depth) was assessed with species accumulation curves. Finally, we computed and tested Pearson correlations between the richness found by eDNA (fwfF2/EPTDr2n and mlCOIintF/HCO2198 primers separately), found by kicknet and estimated by the predictive model. Analyses were conducted using R 4.0.3 (R Core Team 2020).

Data and code

All raw sequencing data are available at the European Nucleotide Archive (ENA) under the accession number PRJEB50083. The processed data and R scripts to reproduce the analyses and results are available at: <https://github.com/fkeck/ecoimpact>.

Results

Library sequencing generated 4,638,809 sequences (mlCOIintF/HCO2198 primers) and 8,008,677 sequences (fwhF2/EPTDr2n primers). For sequences amplified using the mlCOIintF/HCO2198 primers, the pre-processed and quality-filtered data consists of 3,110,057 reads divided in 13,797 ASVs. For sequences amplified using the fwhF2/EPTDr2n primers, the pre-processed and quality-filtered data consists of 4,779,863 reads divided in 2,665 ASVs.

For the mlCOIintF/HCO2198 primers, taxonomic assignment failed for a significant number of ASVs for which identification was not possible, even at the highest taxonomic ranks (87% of unclassified Eukaryota). Assigned reads are dominated by insects (Diptera, Coleoptera and unclassified Insecta), Clitellata, Chromadorea and unclassified arthropods. The orders of interest (EPT) only represent a small proportion of assigned ASVs (7%), with 32 Ephemeroptera, 17 Plecoptera and 34 Trichoptera taxa detected. The relative proportion of EPT is even less important when accounting for the number of reads. In total, the EPT groups represent 3.1% of the assigned reads. In contrast, the fwhF2/EPTDr2n primers performed better with a lower proportion of unidentified Eukaryota (47.9%). Targeted orders were also more represented with 63 ASVs identified as Ephemeroptera, 37 as Plecoptera, and 42 as Trichoptera taxa, representing 10% of the assigned ASVs (8.6% of the assigned reads). The sampling depth (number of reads identified as EPT) was highly variable among locations (ranging from 7 at Aadorf with mlCOIintF/HCO2198 to 109,956 at Zullwil with fwhF2/EPTDr2n). The absolute number of reads identified as EPT was 10 to

100 times higher with the fwhF2/EPTDr2n primers than with the mlCOIintF/HCO2198 primers (Suppl. material 1: Figs S1, S2). In one location (Hornussen) none of the tested primers could detect EPT taxa. However, all the species accumulation curves seem to reach a plateau in the other locations (Suppl. material 1: Figs S1, S2). This was not the case with the kicknet data (Suppl. material 1: Fig. S3).

Across all sites (i.e., gamma diversity), kicknet was the method that detected the highest number of different EPT taxa (64), followed by eDNA amplified with the fwhF2/EPTDr2n primers (44 taxa). Results of the regional EPT species richness (across all locations) are shown on Fig. 3 (see also Suppl. material 2: Table S4). Environmental DNA amplified by the mlCOIintF/HCO2198 primers detected only 28 taxa across all sites. In total, 16 taxa were detected by the three methods, many being known to be common taxa in Switzerland (e.g. *Baetis rhodani*, *Paraleptophlebia submarginata*, see Suppl. material 1). We found a better congruence between the fwhF2/EPTDr2n primers and the kicknet (32 common taxa) than between the mlCOIintF/HCO2198 primers and the kicknet (21 common taxa), or between the two primers (21 common taxa).

The number of EPT taxa detected varied both across locations and methods (Fig. 4). Additionally, the mlCOIintF/HCO2198 primers did not detect any EPT taxa in three other locations (Buttisholz, Knonau and Rothenthurm). Some locations showed particularly poor diversity (e.g. Colombey, Val de Ruz), while others exhibited a high EPT richness (e.g. Rothenthurm when assessed with the fwhF2/EPTDr2n primers). Overall, alpha diversity (local species richness) was higher with kicknet (mean = 19.6, sd = 6.5) than with eDNA amplified with mlCOIintF/HCO2198 primers (mean = 4.37, sd = 3.85) or fwhF2/EPTDr2n

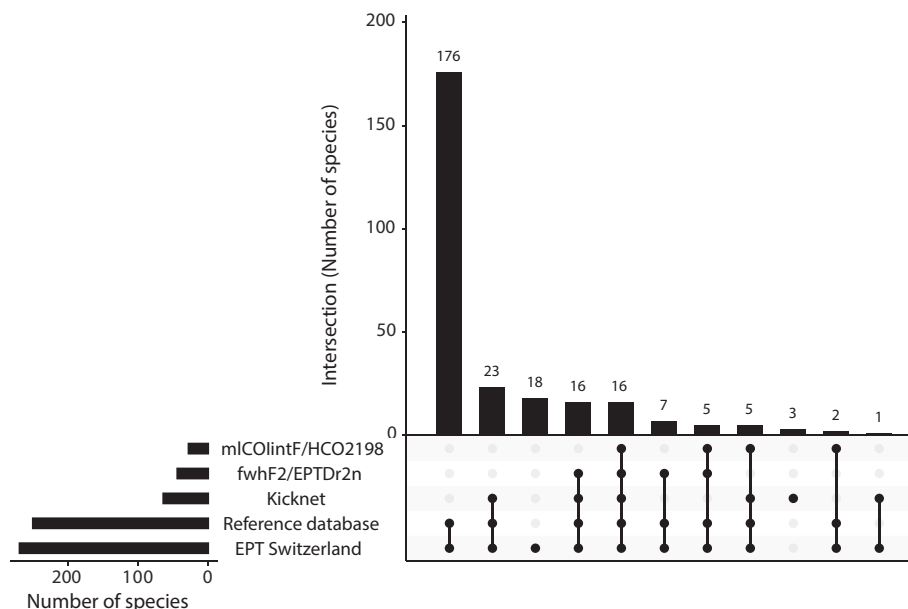


Figure 3. Regional EPT species richness (diversity across all sampling locations) detected by eDNA (mlCOIintF/HCO2198 and fwhF2/EPTDr2n primers) and kicknet method in comparison to total EPT richness known from Switzerland and the subset of species included in the molecular reference database. Horizontal bars show the total number of species in each set. The vertical bars show the number of species in each intersection between sets.

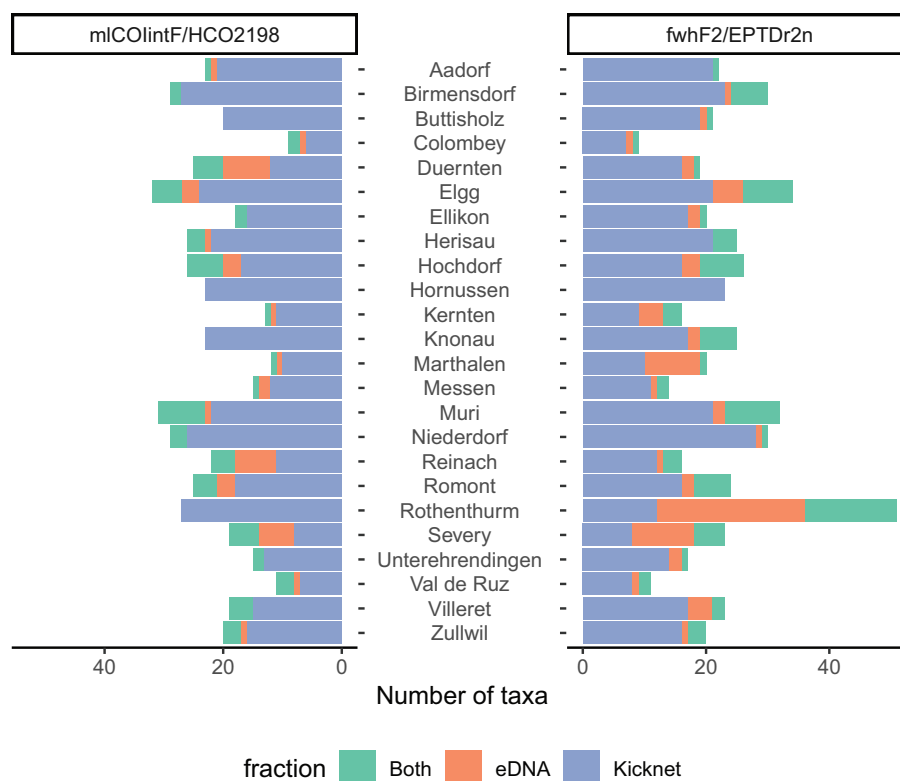


Figure 4. Number of EPT taxa detected in each location by eDNA (mlCOIintF/HCO2198 and fwfF2/EPTDr2n primers) and kicknet methods. The total number of taxa detected is divided in three fractions (in green the taxa detected by the two methods, in orange the taxa detected by eDNA only, and in blue the taxa detected by kicknet only, respectively).

primers (mean = 7, sd = 7.88). The mean richness detected by the fwfF2/EPTDr2n primers was not significantly higher than the mean richness detected by the mlCOIintF/HCO2198 primers (paired t-test, $t = -1.48$, $p\text{-value} = 0.15$).

Some taxa commonly detected by kicknet sampling were never or rarely detected by eDNA (Fig. 5). For example, this is the case for *Alainites muticus*, *Centropilum luteolum*, *Habrophlebia lauta* or the genus *Hydropsyche*. In contrast, the very common species *Baetis rhodani* was well detected by both approaches. There is no common species detected systematically by eDNA that is not detected by the traditional sampling. However, a few species were detected only by eDNA in a few streams (e.g. *Glyphotaelius pellucidus*, *Nemurella pictetii*, and the *Hydroptila*-complex).

We found the correlation between the richness estimates provided by the different methods to be remarkably low (Fig. 6). The highest correlation ($\rho = 0.44$, $p\text{-value} = 0.03$) was found between the predictive model and eDNA amplified with the fwfF2/EPTDr2n primers. Correlations between the kicknet method and the predictive model ($\rho = 0.3$, $p\text{-value} = 0.16$) and between the kicknet method and the fwfF2/EPTDr2n primers ($\rho = 0.27$, $p\text{-value} = 0.2$) were not significant. The correlations between the mlCOIintF/HCO2198 primers and the other approaches were close to zero and non-significant (Fig. 6). Merging the primers did not improve the correlations between the richness found by eDNA and the other methods (Suppl. material 1: Fig. S4).

Discussion

The species richness of EPT can be assessed through direct collection of targeted organisms using kicknet sampling (e.g. Brua et al. 2011), through indirect evidence of their presence using environmental DNA (e.g. Mächler et al. 2019), or through extrapolations from species richness models (e.g. Altermatt et al. 2013; Kaelin and Altermatt 2016). Our goal here was to evaluate the ability of this triad of methods to estimate and characterize the species richness of EPT in streams, and to investigate their differences. Overall, we report large discrepancies and relatively poor correlation among the tested methods, likely reflecting their fundamental differences and respective biases, and possibly highlighting how they can complement each other to provide a comprehensive picture of the EPT diversity in rivers.

The study of diversity on a regional scale (gamma diversity) shows the ability of environmental DNA to detect many taxa also identified by the traditional kicknet method. This result is in line with previous studies that reported several EPT taxa detected by both methods (Mächler et al. 2019; Seymour et al. 2021). However, a significant number of taxa known to be present in these rivers (according to the kicknet sampling) could not be detected by either the mlCOIintF/HCO2198 or fwfF2/EPTDr2n primers. In total, 23 EPT species were detected by kicknet and were not detected by either primer set. The large number of

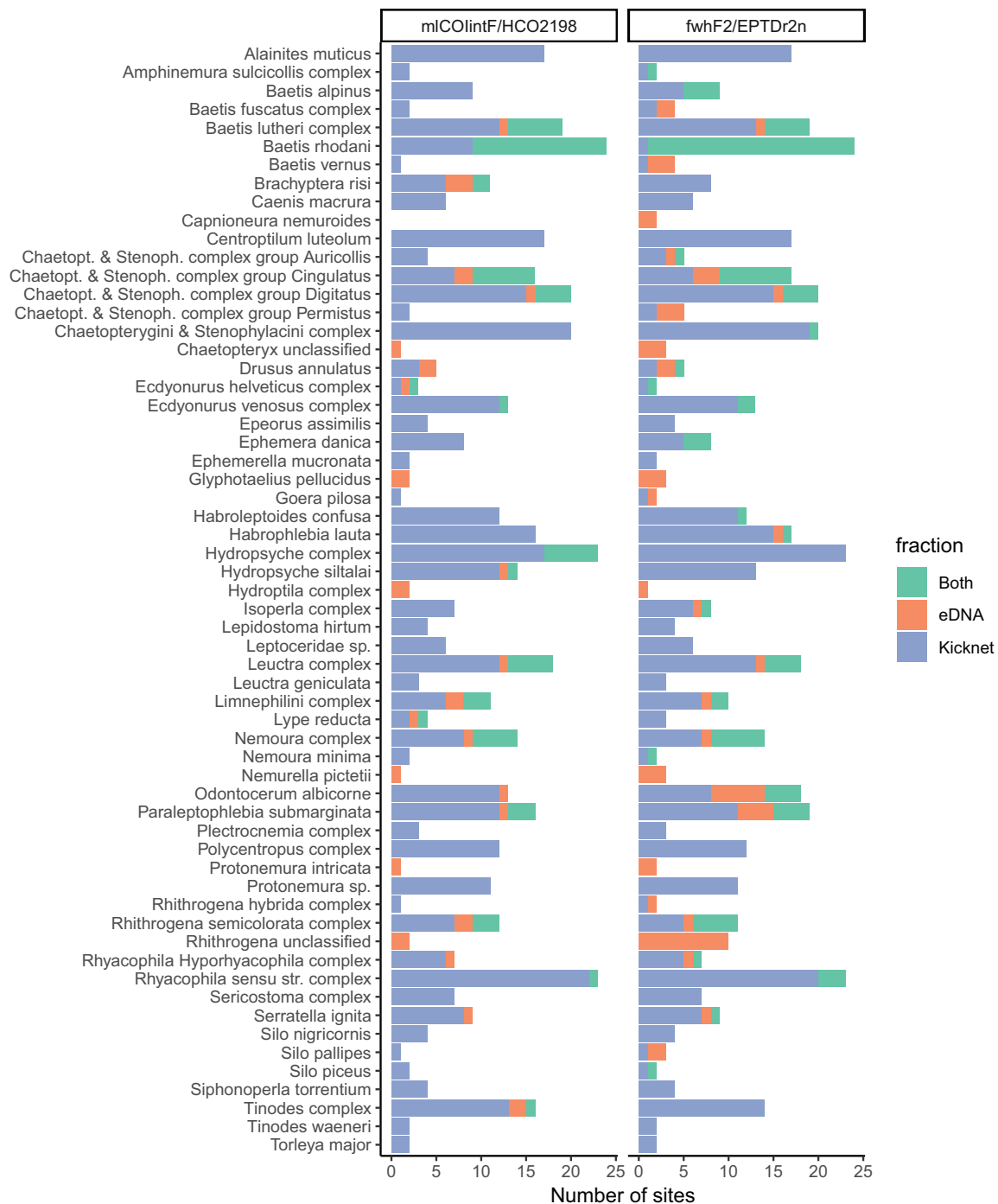


Figure 5. Number of streams where each EPT taxon was detected by eDNA (mICOIntF/HCO2198 and fwfF2/EPTDr2n primers) and kicknet methods. The total number of locations is divided in three fractions (in green the locations where the taxon was detected by the two methods, in orange the locations where the taxon was detected by eDNA only, and in blue by kicknet only, respectively). For clarity, only the taxa detected more than once (all streams and methods combined) are shown.

taxa detected only by the kicknet method should not mask the existence of several taxa that were detected only by their DNA. This result highlights the fact that DNA can provide real added value to traditional sampling techniques (Sweeney et al. 2011). The presence of these taxa can be explained on the one hand by the integrative aspect of environmental DNA, which reflects diversity on a larger scale via transport of DNA from upstream to downstream of

the watershed (Deiner and Altermatt 2014), and on the other hand by the capacity of DNA to identify species that are sometimes difficult to collect or identify using morphological criteria (Haase et al. 2006; Stribling et al. 2008). The non-congruence between kicknet and the eDNA methods is even more pronounced when results are assessed at local scale (alpha diversity). This result is not surprising, as pooling species information from multiple locations together across

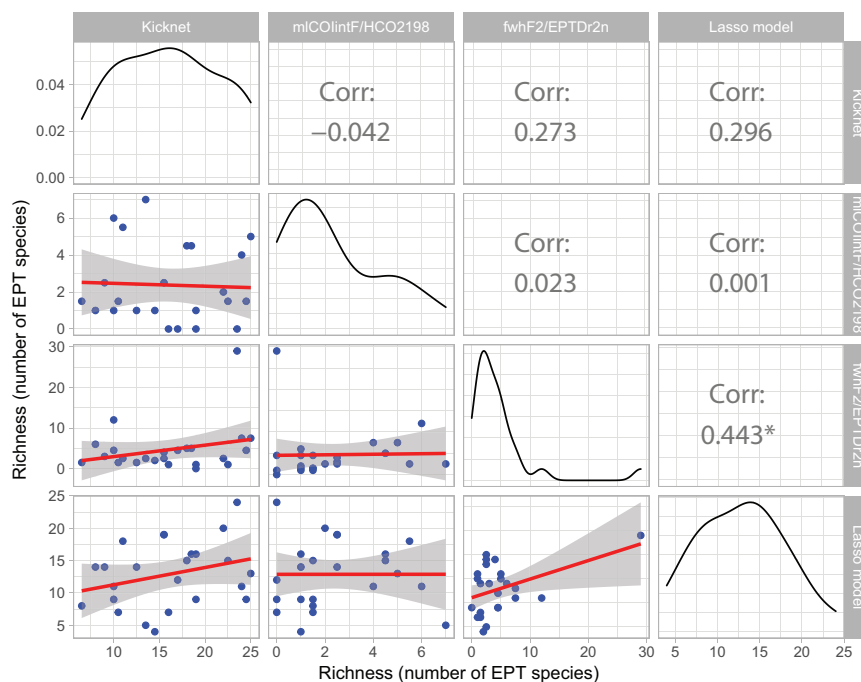


Figure 6. Relationships between the EPT richness estimates provided by the four investigated methods. The diagonal panels show the density estimate of EPT richness for each method. For each combination of methods, panels located in the lower triangle show the scatterplot of the EPT richness estimated by each method (x- and y-axis) with linear regression (red lines). Panels located in the upper triangle provides the Pearson correlation values between each method (asterisk indicates p -value < 0.05).

a region is likely to increase the set of species detected by both methods. It has been, however, a common practice in metabarcoding studies to perform comparisons at a regional level (i.e. gamma diversity), which probably contributed to a misleading idea that eDNA and traditional methods are generally congruent. A recent meta-analysis showed, on the contrary, the low congruence between species list generated by eDNA metabarcoding and traditional methods for macroinvertebrates (Keck et al. 2022). Thus, while richness reported may be similar, the identity of taxa found by each method can substantially differ.

The low congruence between the species detected by eDNA and kicknet can be explained by the numerous biases that can influence species detection probabilities at every step of data collection. For eDNA this can be caused by the complex dynamics of DNA in the environment (release rate by the organisms, degradation and dilution), manipulation of the DNA in the lab (conservation, extraction, PCR-amplification, sequencing), and the bioinformatics processing (Deiner et al. 2017). For the traditional methods, possible biases may concern sampling representativity (Larras and Usseglio-Polatera 2020) and taxonomic identification, including both errors and lack of precision (Stribling et al. 2008). However, the respective role of these factors remains difficult to disentangle and to estimate. It should also be noted that the choice of the primers and the barcode region to be amplified seems to play a significant role in the estimated EPT richness and the congruence between eDNA and kicknet. Overall, as we hypothesized, we found that fwfF2/EPTDr2n primers detected more EPT taxa than the mlCOIintF/HCO2198 primers. It appears that the major-

ity of taxa detected by the mlCOIintF/HCO2198 primers were nested within the pool of taxa detected by the fwfF2/EPTDr2n primers, which is not surprising given that they are both amplifying a region of the same marker (COI). Hence our results confirm that for a group of organisms like the EPT, primer performance changes the detection rate on the exact same extracted eDNA sample (Corse et al. 2019; Leese et al. 2021). The fwfF2/EPTDr2n and mlCOIintF/HCO2198 are located in the same COI region (fwfF2/EPTDr2n is entirely nested within mlCOIintF/HCO2198) but the fwfF2/EPTDr2n primers do have a higher target to non-target ratio for EPT compared to mlCOIintF/HCO2198 primers (see Leese et al. 2021 for results and discussion for all benthic macroinvertebrates). It is also important to mention that the fwfF2/EPTDr2n primers were developed and validated on rivers in Germany, in a context that is geographically and ecologically much closer to Swiss rivers than the mlCOIintF/HCO2198 primers. However, the fact that the more specific primers outperformed the less specific ones raises another important question: how many EPT species could not be correctly detected by the fwfF2/EPTDr2n primers because of their lack of specificity? It should be remembered that these primers, although more specific than the mlCOIintF/HCO2198 primers, cover a paraphyletic and very large group of organisms (basically, all insects, of which EPT make only a small percentage). A possible strategy to overcome this problem is to combine different primers (Corse et al. 2019; Hajibabaei et al. 2019). Therefore, gains in the number of species detected by eDNA could be expected by using markers and primers specific to these three polyphyletic groups.

The main goal of our study, namely to use independent model predictions from a species richness model (Kaelin and Altermatt 2016) to evaluate the accuracy of kicknet vs. eDNA approaches through a third, independent approach was only partially successful: indeed, the triad of approaches gave a triad of partially congruent and partially complementary results. As we hypothesized, we observed a positive correlation between the richness measures estimated by the three different methods (kicknet, eDNA and model predictions). However, the observed correlation values are overall low. The low correlations reported between the diversity measures estimated by eDNA and kicknet are likely to be related to the methodological biases and the intrinsic differences of these two approaches, as discussed above, as well as the relatively low number of sites included (24 sites). In addition, our results are likely impacted by the limited ability of the statistical richness model to meet real world expectations. Although this model has been trained on a large data set, its predictive ability may be limited by its design, by the number, nature and quality of the variables used to make predictions, and by the stochasticity of the system (Norberg et al. 2019). We also note that the data used to train the predictive model are only based on kicknet samples. That is, there may be an inherent part of diversity only detectable by eDNA that cannot be assessed by the kicknet method (see e.g. Macher et al. 2018; Mächler et al. 2019), which would thus also not be covered by the model, as a model cannot do prediction outside the range of the training dataset. However, although eDNA generally finds greater diversity compared to kicknet sampling (e.g. Seymour et al. 2021), we found here similar levels of diversity between the two methods, suggesting that the model trained on kicknet data may also fit eDNA-based data. In fact, the highest correlation was found between eDNA (fwhF2/EPTDr2n primers) and the predictive model. This relationship might be to some degree driven by the fact that both methods reflect diversity at catchment scale as eDNA integrates to some point EPT diversity at the catchment level (Deiner et al. 2016) and the model estimates EPT diversity from multiple variables, catchment-wise (Kaelin and Altermatt 2016). However, it is important to note that this correlation is strongly influenced by one single point (Fig. 6) and the same correlation computed using the Spearman method is lower (0.246) and non-significant (Suppl. material 1: Fig. S5). However, we do not have any indications that this sampling point is not valid. Thus, it should be considered as a valid datapoint, and not be removed as an outlier.

In conclusion, our results suggest that the three approaches investigated here can give different results about the species richness and the species composition of EPT communities. These differences are likely due to the respective biases of each method, but also to the different scales that they integrate. Kicknet sampling is carried out at one point and captures the organisms physically present at that location. In contrast, models typically provide estimates of macroinvertebrate diversity on a regular grid or at catchment level

(Ferrier and Guisan 2006). Finally, environmental DNA is sampled at one point but has the characteristic of being transported from upstream to downstream, thus integrating diversity at the catchment scale (Deiner and Altermatt 2014; Deiner et al. 2016). Therefore, although a certain degree of congruence is expected between the estimates produced by these methods, their different nature (observation vs. modelling) and the scales they incorporate can produce variable results, as shown here. Importantly, new frameworks integrating hydrological transport dynamics of eDNA allow to derive higher resolution diversity predictions and may act as a bridge between these methods (Carraro et al. 2020), yet have hitherto only been applied to catchments/scales larger than studied here. More efforts are needed to understand the reason why we observe such differences and additional work is needed to improve compatibility and comparability between them. However the achievable congruence between these approaches is currently limited as each comes with its own specificities, strengths and weaknesses. On the one hand, morphological identification and modeling could benefit from new developments in terms of automated taxonomic identification by machine learning algorithms (Schneider et al. 2022) and by the improvement of species distribution and richness modeling tools (Ovaskainen et al. 2017). On the other hand, analysis of eDNA for macroinvertebrates has a great potential for advancement through further method development and research, yet inherently suffers from major drawbacks due to the paraphyletic origin of taxa considered and the difficulty in excluding non-target groups during genetic analysis. Here we showed that we could already improve correlation with the model by changing the priming sites and primer sequences used. Regardless, until these technical and methodological challenges are solved, the three methods provide different perspectives on biological diversity and can be used together to provide a more complete measure of species richness to make informed decisions related to management and conservation of aquatic ecosystems.

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Supplementary material 1**Figures S1–S5**

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Data type: PDF file

Explanation note: **Fig. S1.** Species accumulation curves of the EPT taxa detected using the mlCOIintF/HCO2198 primers. Locations where EPT taxa were not detected are not shown.

Fig. S2. Species accumulation curves of the EPT taxa detected using the fwfF2/EPTDr2n primers. Locations where EPT taxa were not detected are not shown. **Fig. S3.** Species accumulation curves of the EPT taxa detected using the kicknet method. **Fig. S4.** Relationships between the EPT richness estimates provided by the Kicknet, eDNA (mlCOIintF/HCO2198 and fwfF2/EPTDr2n primers merged), and the predictive model. The upper triangle provides the correlation values between each method (star indicates p -value < 0.05). Lower triangle shows the scatterplots with linear regressions (red lines). The diagonal shows the density estimate for each variable. **Fig. S5.** Relationships between the EPT richness estimates provided by the four investigated methods. The diagonal panels show the density estimate of EPT richness for each method. For each combination of methods, panels located in the lower triangle show the scatterplot of the EPT richness estimated by each method (x - and y -axis) with linear regression (red lines). Panels located in the upper triangle provides the Spearman correlation values between each method.

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Supplementary material 2**Tables S1–S4**

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Data type: excel file

Explanation note: **Table S1.** Dates of sampling. **Table S2.** Additional information on the DNA concentration of extracted DNA from water, the concentration of the prepared amplicon library and number of sequences obtained for each sample. **Table S3.** Description of all negative controls used to monitor contamination at any stage during filtration, extraction and library preparation. **Table S4.** Species presence (TRUE) or absence (FALSE) in each set.

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